

Coaching Experience

- WELD Rugby 2020- Present
- Larimer Knights Youth Rugby- 2017- 2020
- 303 Rugby Club 2010- 2017
- Denver Lions Youth Rugby- 2009
- Denver Barbarians 2003-2005
- University of Denver Head Coach Collegiate Men, 1999- 2003
- Northeastern University, Collegiate Men, 1993- 1994

Playing Experience

- Old Boys with various clubs, 2000- 2017
- Denver Barbarians Rugby Club, Denver CO, 1996 - 2000
- Boulder Rugby Club Boulder CO, 1995-1996
- Beacon Hill Rugby Club, Boston MA, 1991-1994
- Providence Rugby Club, Providence RI, 1987-1991
- OMEX Rugby Club, New York, NY, 1985-1987
- Western RFU Selects Men's 1996-1997
- New England RFU Selects ERU 23's, 1987-1991
- Met New York RFU Selects U23's, 1985-1987
- University of Connecticut, Storrs CT, 1981-1985
- Collegiate New England Selects 1983-1985
- St. Francis Prep HS, Fresh Meadows NY. 1980- 1981

Administrative Experience

- WELD Rugby 2020- Present
- Larimer Knights Rugby- Club Director 2017- 2020
- 303 Rugby- Club Director , 2010-2017
- Rugby Colorado SBRO, Executive Director, 2008 – 2014
- Denver Barbarians Rugby Club, General Manager 2005 – 2008
- Eastern Rockies RFU, Denver, CO- Collegiate Men's Administrative Representative, 2001- 2003
- Beacon Hill, Boston MA, Secretary, 1991-1994
- University of Connecticut, Storrs CT, President, 1983-1985

Referee Experience

- Eastern Rockies RFU, 2001-2003, 2021- Present
- Rugby Colorado TRY League 2010- Present